

## SET MENUS

### CITY MENU

14.95 per person  
(2 Courses)

#### I. CHOICE OF A STARTER

Soup of the Day, Spinach and Feta Borek (V), Hummus (V),  
Tabbouleh (V), Cacik (V), Imam Bayildi (V)

#### II. CHOICE OF A MAIN COURSE

Chicken on Skewer, Adana Kofte, Lamb Guvech, Halloumi Kebab (V)  
Moussaka (meat or veg), Chicken Kofte, Chicken Guvech, Incik

### HEALTHY MEAL

15.95 per person  
(min. 2 people)

#### ALL INCLUSIVE

Tabbouleh (V), Cacik (V), Spinach and Feta Borek (V),  
Falafel (V), Hummus Kavurma (N), Kisir (V)(N), Imam Bayildi (V), Lamb  
cubes, Chicken cubes, Kofte.

#### VEGETARIAN OPTION

Stuffed Vine Leaves (V)(N), Vegetables and Rice

### OTTOMAN FEAST

26.95 per person  
(3 Courses & min. 2 people)

#### I. MIXED MEZE STARTER

Stuffed Vine Leaves (V)(N), Tabbouleh (V), Baba Ghanoush (V),  
Cacik (V), Hummus (V), Borek (V), Falafel (V).

#### II. CHOICE OF A MAIN COURSE

Special Mixed Grill, Sea Bass, Lamb on Skewer,  
Chicken on Skewer, Incik, Salmon Kebab

#### III. DESSERT

Assorted dessert platter and tea or coffee

### FORA RESTAURANTS

#### City of London

34-36 Houndsditch, London EC3A 7DB

Tel: 020 7626 2222

Email: info@forarestaurants.co.uk

Web: forarestaurants.co.uk

#### St. Johns Wood

11 Circus Road, London NW8 6NX

Tel: 020 7586 9889

Email: sjw@forarestaurants.co.uk

Web: forasrestaurants.co.uk



*À la carte Menu*

## COLD STARTERS

<b>OLIVES (V)</b> Marinated olives w/ herbs and garlic.	4.45
<b>CACIK (V)</b> Yoghurt w/ chopped cucumbers and fresh herbs and hint of garlic.	5.35
<b>HUMMUS (V)</b> Puréed chickpeas w/ tahini, lemon juice, garlic and oil dressing.	5.50
<b>TABBOULEH (V)</b> Crushed wheat w/ chopped tomatoes, onion, mint and parsley salad.	5.35
<b>KISIR (V)(N)</b> Mixed nuts and vegetable salad w/ crushed wheat and fresh herbs.	5.55
<b>IMAM BAYILDI (V)</b> Casserole aubergine w/ tomatoes and peppers, chickpeas w/ fresh tomato sauce.	5.50
<b>TARAMA</b> Smoked cod roe caviar.	5.55
<b>BABA GANOUSH (V)</b> Caviar of smoked aubergine, red peppers and lemon juice.	5.65
<b>STUFFED VINE LEAVES (V)(N)</b> Stuffed vine leaves w/ rice, onion and pine kernels.	5.60
<b>MELON WITH FETA (V)</b>	6.00

## HOT STARTERS

<b>SOUP OF THE DAY</b> Please ask your waiter.	5.15
<b>SPICY CHICKEN WINGS</b> Grilled marinated spicy chicken wings.	5.85
<b>MITITE KOFTE</b> Grilled minced lamb patties mixed w/ red peppers and served w/ onion salad.	6.00
<b>FALAFEL (V)</b> Broad beans, chickpeas and vegetable fritters.	5.55
<b>GARLIC MUSHROOM (V)</b> Pan fried mushrooms, garlic and grilled w/ goat's cheese.	6.80
<b>WHITEBAIT</b> Whitebait served w/ tartare sauce and garnish.	6.50
<b>GRILLED SPICY SAUSAGE</b> Grilled spicy Turkish sausage on skewer.	6.00
<b>SPICY CALVES LIVER</b> Calves livers cooked w/ butter, served w/ red onion salad.	6.50
<b>ALBANIAN LIVER</b> Lamb's liver cooked w/ butter, served w/ red onion salad.	6.25
<b>SPINACH AND FETA BOREK (V)</b> Filo pastry parcels filled w/ spinach and feta cheese.	5.95
<b>HALLOUMI CHEESE (V)</b> Grilled Cyprus cheese served w/ garnish.	5.95
<b>KALAMAR</b> Marinated squid, served w/ tartare sauce.	5.55
<b>HUMMUS KAVURMA (N)</b> Diced lamb fillet w/ pine kernels on a bed of hummus.	6.80
<b>KING PRAWNS</b> Sautéed king prawns w/ mushrooms, tomatoes, garlic w/ fresh cream.	7.50
<b>FORA SPECIAL</b> Turkish spicy sausages and pickled peppers cooked in tomato sauce.	6.15
<b>POTATOES (V)</b> Pan fried new potatoes w/ choice of garlic mayonnaise or spicy tomatoes, served w/ vegetable.	5.15

### MIXED MEZE STARTER

8.95 per person (min two people)

Imam Bayildi (V), Kisir (V) (N), Cacik (V), Tabbouleh (V),  
Falafel (V), Spinach and Feta Borek (V), Hummus Kavurma (N)

## CASSEROLES

<b>CHICKEN GUYECH</b> Diced chicken breast cooked w/ tomatoes, mushrooms, peppers and onions, served w/ rice.	13.95
<b>MOUSSAKA</b> Baked layers of aubergine, potatoes and minced lamb, w/ béchamel sauce topped w/ cheese, served w/ rice.	13.95
<b>LAMB GUYECH</b> Diced lamb cooked w/ tomatoes, onions, mushrooms and peppers, served w/ rice.	14.95
<b>LAMB TAGINE (N)</b> Cooked w/ carrots, baby potatoes, celery, onions, green olives, dried fruit and nuts, served w/ rice.	14.50
<b>INCIK (LAMB SHANK)</b> Lamb shank slow cooked in the oven w/ rich tomato sauce and vegetables, served w/ rice.	14.50
<b>CHICKEN OTTOMAN</b> Diced chicken breast cooked w/ mushrooms, shrimps w/ cream sauce, served w/ rice.	13.95

## CHARGRILLS

<b>CHICKEN ON SKEWER</b> Marinated cubes of chicken grilled on skewer, served w/ rice and vegetables.	13.65
<b>CHICKEN BREAST</b> Grilled chicken breast, served w/ rice and vegetables.	13.65
<b>CHICKEN KOFTE</b> Grilled seasoned chicken patties, served w/ rice and vegetables.	12.95
<b>ADANA KOFTE</b> Marinated fine cuts of lamb minced and mixed w/ fresh herbs and grilled on skewer, slightly spicy, served w/ rice and vegetables.	13.95
<b>YOGURTLU KOFTE</b> Minced lamb patties on crispy bread, topped w/ yoghurt and tomato sauce.	14.45
<b>LAMB CUTLETS</b> Grilled lamb cutlets, served w/ rice and vegetables.	16.45
<b>LAMB ON SKEWER</b> Marinated cubes of lamb grilled on skewer, served w/ rice and vegetables.	15.85
<b>LAMB KULBASTI</b> Tender fillet of lamb seasoned w/ oregano, served w/ rice and vegetables.	15.95
<b>CENTIK SPECIAL</b> Delicious Ottoman dish. Grilled cubes of lamb, chicken and kofte on a nest of matchstick cut potatoes, topped w/ yoghurt sauce w/ a hint of garlic. Garnished w/ grilled tomatoes and peppers.	15.95
<b>SPECIAL MIXED GRILL</b> Selection of lamb kofte, marinated chicken and lamb on a skewer, lamb cutlet, served w/ rice and vegetables.	15.95
<b>RIB-EYE STEAK (10 Oz)</b> Served w/ grilled tomatoes, mushrooms and chips.	19.25
<b>SPICY CHICKEN WINGS</b> Chicken wings chargrilled, served w/ rice and vegetables.	12.95
<b>CHICKEN BEYTI</b> Grilled seasoned chicken wrapped in lavash, topped with yoghurt, tomato sauce and butter.	13.45
<b>HOUSE SPECIAL ISKENDER (CHICKEN OR LAMB)</b> Choice of grilled lamb or chicken cubes on a bed of bread, served w/ fresh tomato sauce and creamy yoghurt.	13.95

## FISH AND SEA FOOD

<b>SEA BASS</b> Grilled sea bass, served w/ puréed potatoes and vegetables.	<b>1 Fillet</b> 12.95 - <b>2 Fillets</b> 18.95
<b>SALMON KEBAB</b> Marinated cubes of salmon fillet, skewered w/ vegetables, grilled and served w/ sautéed spinach and new potatoes.	14.65
<b>KING PRAWN CASSEROLE</b> Prawns cooked w/ garlic, mushrooms, mixed peppers, onions, tomatoes, fresh cream and white wine, served w/ rice.	16.95
<b>GRILLED KING PRAWN</b> King prawns, skewered w/ peppers and red onions served w/ rice and salad.	16.95
<b>MONKFISH KEBAB</b> Marinated cubes of monkfish, skewered w/ peppers, red onions and served w/ rice and salad.	15.95
<b>GRILLED MIXED SEA FOOD</b> Monkfish, Salmon and King Prawns on skewer, served w/ spinach and new potatoes.	16.95
<b>KALAMAR</b> Marinated and battered squid, served w/ tartare sauce and salad.	13.25

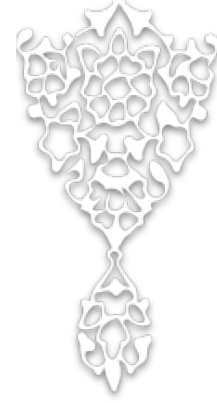
## VEGETARIAN AND PASTA

<b>VEGETARIAN MOUSSAKA (V)</b> Layers of vegetables encased w/ béchamel sauce, topped w/ cheese and oven baked, served w/ rice.	11.95
<b>SEBZE GUYECH (V)</b> Potatoes, aubergines, peppers, green beans, courgette, tomatoes, cooked in tomato sauce served w/ rice.	12.65
<b>OKRA (V)</b> Okra cooked w/ herbs, served w/ rice.	11.95
<b>HALLOUMI KEBAB (V)</b> Grilled halloumi cheese, served w/ salad served w/ rice.	12.95
<b>VEGGIE PASTA (V)</b> Vegetarian pasta with tomato sauce.	11.65

## SALADS & SIDE DISHES

<b>COBAN SALAD (V)</b> Tomatoes, cucumber, parsley and red onion mixed w/ olive oil and lemon juice.	4.75
<b>FETA CHEESE SALAD (V)</b>	4.95
<b>TOMATO AND ONION SALAD (V)</b>	4.95
<b>CHIPS</b>	4.95
<b>RICE (V)</b>	4.95
<b>SPINACH (V)</b>	3.95
<b>MASHED POTATO</b>	4.95

(V)Vegetarian - (N) Contains nuts allergens. Our food may contain traces of nuts, dairy, gluten or other allergens. 12.5% service charge will be added to your bill



**BOOK A  
TABLE**

**HOME**

CITY OF LONDON

34-36 Houndsditch, London EC3A 7DB

Tel: 020 7626 2222 Email: [info@forarestaurants.co.uk](mailto:info@forarestaurants.co.uk)

Monday to Friday 9:30 - 23:00

Saturday: 12:00 - 23:00 | Sunday Closed